



# *Darling, Have You Packed Everything?*

## *Long Haul, Carry-on Luggage Check-list*

- Neck rest
- Ear plugs
- Lubricating eye drops
- Moisturising face wipes
- Chap-stick
- Deodorant
- Toothbrush and mini paste
- Light change of clothes + warm wrap or sweater
- Travel tissue pack
- Pen
- Books | Magazines
- Hand sanitiser
- Ziploc bag for liquids
- Passport | Travel documents
- Headscarf
- Hairbrush or comb
- Lipstick
- Mascara
- Mini perfume
- Medication

### **Optional items**

- Fabric eye mask
- Cooling eye pads
- Mini facial moisturiser
- Facecloth
- Mini sunscreen (ready once you land if it's sunny)
- Sunglasses
- Laptop | Tablet
- Socks
- Healthy snacks
- Collapsible water bottle
- Vitamin C tablets
- Pack of cards